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Chapter 1: Security Fundamentals

Module A: Security concepts

CIA Triad

The parts of CIA are confidentiality, integrity, and availability.

Risks, Threats, and Vulnerabilities

Risk – The chance of harm coming to an asset

Threat – Anything that can cause harm to an asset

Vulnerability - Any weakness an asset has against potential threats

Security Standards Organizations

CIS – Center for Internet security

IEEE – Institute of Electrical and Electronics Engineers

IETF – Internet Engineering Task Force

ISO – International Organization for Standardization

ISOC – Internet Society

ITU – International Telecommunication Union

NIST – National Institute of Standards and Technology

NSA – National Security Agency

W3C – World Wide Web Consortium

Security Controls

Administrative – Organizational policies and training

Technical – Technological solutions

Operational – Day to day employee activities

Physical – Physical safety and security devices

Preventive - Proactive controls which act to prevent loss

Detective - Monitoring controls that detect and/or record

Corrective - Follow-up controls used to minimize the harm caused and prevent recurrence

Deterrent - Visible controls designed to discourage attack or intrusion

Confidentiality Controls

Least privilege - Users are given only the permissions they need to perform their actual duties

Need to know - Data access is restricted to those who need it

Separation of duties - Tasks broken into components performed by different people

Access controls - Access restricted to authorized users

Encryption - Data made unreadable without proper key

Steganography - Secret messages concealed inside of ordinary ones

Integrity Controls

Hashing - Digital fingerprints used to detect file alteration

Digital signatures - Hashing and encryption used to prove a file's origin

Backups - Spare copies of data kept in safe storage

Version control - Formal preservation and tracking of multiple file versions

Availability Controls

Redundancy – Multiple or backup systems designed for immediate or quick recovery

Fault tolerance – Systems that continue functioning after components fail

Patch management – Application of software updates with minimal service disruption

Defense in Depth

Comprehensive security controls that exist on all levels of an organization. Usually defines multiple layers in which an organization needs to be secured.

e.g. Data
 Application
 Host
 Internal Network
 Perimeter Network
 Physical facility
 Users and organization

Events and Incidents

True positive – Problem occurred and was detected

True negative – No problem, and no alert

False positive – Alert triggered by benign event

False negative – Real problem went undetected

Module B: Risk management

Risk Assessment

1. Identify assets at risk
2. Conduct threat assessment for each asset
3. Analyze business impact for each threat
4. Determine likelihood of threat doing damage
5. Prioritize risks by weighing likelihood vs. potential impact
6. Create risk mitigation strategy

Identifying Assets

Information and data

Computing hardware and software

Business inventory

Building or other physical facilities

Cash or other financial assets

Personnel

Branding and business reputation

Business relationships, including partner assets in organization's keeping

Threat Assessments

Environmental accident

Natural disaster

Equipment failure

Supply chain failure

Human error

Malicious outsider

Malicious insider

Impact Analysis

Replacement cost
Revenue or opportunity loss
Production loss
Human costs
Reputation
Legal consequences

Privacy Impact Assessment

Ensure compliance with external regulations and internal policies on privacy
Analyze potential privacy risks and impacts
Evaluate security controls to minimize risks

Threat Probability

MTTF – Mean time to failure
MTTR – Mean time to repair
MTBF – Mean time between failures
MTBSI – Mean time between service incidents

Quantitative Risk Assessment Values

SLE – Single loss expectancy is cost of any single loss
ARO – Annual rate of occurrence is expected number of times given loss may occur per year
ALE – Annual loss expectancy is expected cost per year from threat ($SLE \times ARO$).

Risk Assessment

Quantitative
 Single loss expectancy
 Annual rate of occurrence
Qualitative

Risk Management

Avoidance
Transference
Mitigation
Deterrence
Acceptance
Residual risk

Mitigation Techniques

Technology controls
Policies and procedures
Routine audits
Incident management
Change management

Automated Security Tools

- Device or system configuration tools
- Continuous monitoring and alert systems
- Configuration validation tools
- Vulnerability scanners
- Remediation tools
- Patch management software
- Automated trouble shooters
- Application testers

Module C: Vulnerability assessment

Vulnerability Assessments,

- Baseline review
- Determining attack surface
- Reviewing code
- Reviewing architecture
- Reviewing design

Vulnerability Scans

- Intrusive vs. non-intrusive
- Credentialed vs. non-credentialed

Goals:

- Missing or misconfigured security controls
- Open ports
- Weak passwords or encryption
- Misconfigured security controls
- Unsecured data
- Compromised systems
- Exploitable vulnerabilities
- Unpatched systems

Penetration tests

- Black box – no attacker knowledge of the system
- White box – Full attacker knowledge of system
- Gray box - Partial attacker knowledge systems

Network Reconnaissance

- Passive reconnaissance
- Active reconnaissance
- Vulnerability analysis

Penetrating Networks

Escalate privileges:

- Gathering user names or password hashes
- Gaining additional privileges
- Finding exploitable information
- Installing malware

Establishing persistence

- Installing backdoors

- Creating alternate accounts

- Compromising authentication systems

Pivot:

- Perform reconnaissance on internal networks

- Create tunnels to bypass firewalls and other boundaries

- Exploit trust relationships

Chapter 2: Understanding attacks

Module A: Understanding Attackers

Types of Hackers

Black hat – criminal hackers

White hat – Security experts who hack for legal purposes

Grey hat – Hackers that are neither white nor black hats

Attacker Qualities

1. Intent: Some hackers are after specific resources or information, others will take whatever they can find, and others just want to deny service or destroy information.
2. Sophistication: Some attackers are relatively inexperienced, others use much more subtle methods.
3. Resources: Some attackers are groups working to a common cause, while some lone attackers have access to powerful resources.
4. Location: Some attacks require physical proximity, while others can be conducted from anywhere in the world.
5. Target information: Some attackers might know little about your organization, while others might have critical information about your assets.

Attacker Types

Script Kiddies

Hactivists

Organized criminals

Competitors

Insiders

Nation states

Advanced persistent threats (APTs)

Module B: Social engineering

Social Engineering Principles

Authority

Intimidation

Consensus/Social proof

Scarcity

Urgency
Familiarity
Trust

Phishing

Spear phishing – targets specific users
Whaling – Singles out high-profile targets
Vishing – Applies phishing techniques to voice calls

Physical Intrusion

Shoulder surfing – eavesdropping on sensitive reading or conversations
Tailgating – tagging behind someone into a secure area
Dumpster diving – stealing sensitive data from the trash

Social Engineering Defenses

User training – information sharing guidelines, don't share passwords, ignore suspect requests
Policies – Least privilege/need to know, logoff, data disposal
Technical controls – mantraps, spam filters, network controls

Module C: Malware

Malware Vectors

Virus – attaches malicious code to another file
Worm – replicates itself by exploiting system vulnerabilities
Trojan horse – masquerades as a useful program
Logic bomb – lies dormant until a specific condition is met
Watering hole – injection on a trusted site or service used by actual targets

Malware payloads

Backdoor – hidden way into a system or application
Botnet – large number of controlled systems
Ransomware – attempts to extort money to undo damage
Spyware – secretly records user activity
Adware – Presents ads to the user

Hidden Malware

Polymorphic malware – changes signatures
Stealth malware – hides from antimalware programs
Rootkit – compromises boot or OS functions to avoid detection

Malware Defenses

Legitimate sourcing – for all hardware and software
Antimalware – antivirus and specialized scanners
System permissions – restricting user installation of applications
Security updates – browsers and addons as well as OS
Network security – Firewalls, IDS, spam filters
Policies and training – Unknown sites, phishing links, removable media

Module D: Network attacks

Network Probes

Xmas attack – too many flags set

Fuzzing – random data input

Banner grabbing – normal request used to gather return data

Spoofing

Can mimic or pretend to be an IP address, MAC address, Email address, etc.

Redirection

ARP poisoning – performed by inside attackers

DNS poisoning – More difficult but works on larger networks

Pharming – similar to phishing but with compromised DNS

VLAN hopping – bypasses VLAN segmentation

Denial of Service Variants

Ping of death – oversized packets or malformed packets

Syn Flood

Permanent DOS

Unintentional DOS

Password Cracking

Brute force – try all combinations in sequence

Dictionary attack – try entries from a list

Birthday attack – finds hash collisions

Rainbow table – uses pre-compiled hash list

Pass the hash – Uses hash stolen from a single compromised system

Man in the Middle Attacks

Replay attack

Session replay

Session hijacking

Downgrade

Wireless Attacks

Wardriving – searching for open hotspots

Rogue AP – unauthorized hotspot

Bluejacking – radio interference

Blue snarfing – theft of information

Evil twin – rogue AP used for MitM

Module E: Application attacks

Application Exploits

Privilege escalation

Directory traversal – reaching additional folders on target computer

Arbitrary code execution – running malicious code on target computer

Resource exhaustion

Input Manipulation

Header manipulation – changing values in headers used by communication protocol

Memory manipulation – sending input that affects variables and other values

Injection – sending specifically formatted input

Memory Vulnerabilities

Buffer overflow – sending too much information to the application

Integer overflow – setting integer variable to value that exceeds maximum size to store it

Pointer dereference – directly retrieve value that a pointer points to

Memory leak – cause application to allocate memory but never release it

SQL Injection

Unfiltered escape characters – special characters used by SQL

Improper input types – placing wrong data types into fields

Blind injection – gathering information through page output changes

Signature evasion – hiding signs of attack from IDS

Other Injection Techniques

NoSQL injection – targets non-relational databases

LDAP injection – targets network directory services

XML injection – targets XML databases

Command injection – targets remote command shells

DLL injection – targets running processes

Cross-site scripting

Stored/Persistent – script uploaded as permanent content

Reflected/Non-persistent – script temporarily placed in error field or search response

DOM-based – script run entirely in the client browser

Chapter 3: Cryptography

Module A: Cryptography concepts

Classical ciphers

Substitution ciphers – vulnerable to frequency based attacks

Transportation ciphers – vulnerable to partial solution attacks

Steganography – hides existence of secret message, digital variants

Digital Encryption

Uses – transport, storage, memory, cryptographic obfuscation

Methods – symmetric, asymmetric, cryptographic hashing

XOR functions

Key Strength

Key length – $n = 2$ to the n power combinations

Key length vs effective strength – advancing computing power requires stronger encryption over time, varies by type of encryption key security

Symmetric Algorithms

DES – obsolete, 56-bit key

3DES – three 56-bit keys, but effectively 80-bit

AES – NSA standard, 128 to 256-bit key

Blowfish – first strong public domain cipher, variable key size

Twofish – improved blowfish, AES competitor

Serpent – AES finalist, powerful but slow

RC4 – stream cipher, old but common

CAST – popular family, includes CAST-128 and CAST-256

Key Life Cycles

Key duration – static and ephemeral

Key generation

Key exchange – in band and out of band

Perfect forward secrecy

Asymmetric Encryption

Public and private keys – one key encrypts, opposite decrypts

Uses – key exchange, authentication and non-repudiation

Drawbacks – longer keys, slower performance

Asymmetric Algorithms

RSA – Key generated from two prime numbers, up to 4096-bit key, used for digital signatures

DSA – Adopted as NIST standard, uses one-way problem called discrete logarithm

ECC – based on exotic mathematics, higher performance and shorter keys than RSA

DH – first openly published public-key system, many variants

Quantum cryptography – quantum key distribution

Cryptographic Hashes

One-way functions – easy to verify, hard/impossible to recover

Data integrity – creates fingerprint of data

Data identification – hash table

Key generation – pseudorandom string

Password storage – user password hashed and compared to stored has, salting for additional security

Hash Algorithms

MD5 – 128-bit, obsolete

SHA-1 – 160-bits, being phased out

SHA-2 – SHA 256 and SHA 512

SHA-3

Password hashes – NTLM, bcrypt, PBKDF2

Module B: Public key infrastructure

Digital Certificates

Also known as public key certificates

Contents – public key, owner identity, digital signatures attesting to authenticity

Not to be confused with digital signatures – certificates proves identity of a user or a system

Certificate Encodings

DER

PEM

CER

P12

PFX

P7B

Certificate Authorities

CA signs and revokes certificates

Root certificates – out of band distribution

Certificate generation – limited purpose, multi domain, wildcard, extended validation

Certificate Generation

1. Applicant generates key pair, keeps private key
2. Applicant presents public key and CSR to CA
3. CA verifies applicant identity according to CPS
4. CA signs and disseminates certificate

Certificate Revocation

Certificate revocation list – list of all revoked certificates

Online Certificate Status Protocol – shows status of a particular certificate

Key Pinning

Stating pinning – browser's publisher pins keys of high traffic sites

Dynamic pinning – uses IETF standard HTTP public key pinning, pins key to check against every subsequent contact

Key Archival and Recovery

Private keys – backed up along with system

Compromise – back up key stores and corresponding certificates separately from other data

Dedicated hardware storage modules – contain valuable keys, may include secure backup functions

Chapter 4: Network fundamentals

Module A: Network components

Network Models

OSI Model – Important educational and theoretical tool

TCP/IP – Designed by US DOD, maintained by IETF, Dominant standard of internet

Data Link Layer

Combined with physical layer in TCP/IP

Contains technologies that can handle addresses, traffic direction and security (ex: MAC addresses, Switches, VLANs)

MAC address

A.K.A. physical addresses

Represent physical devices

Used for address filtering

Switches

Direct local traffic

Tracks addresses with a MAC table

Are vulnerable to MAC spoofing

VLANs

Separate broadcast domains on same physical switch

Collection of methods rather than single standard

Port based, dynamic, and protocol based

The Network Layer

Extends beyond broadcast domain

Allows for larger networks by reducing congestion and preventing switching loops

Uses more intelligent protocols for routing and logical addressing

Routers

Joins two broadcast domains

Separates subnets

Can communicate with other routers

Is aware of surrounding network structure

ICMP

Used for control and error messages

Needed for core network functions

Includes several message types

Echo request and reply (ping)

Host unreachable

Source quench

Redirect

Time exceeded

Wi-Fi Signals

2.4 GHz – most common with relatively long range but a small number of channels

5 GHz – more expensive with shorter range but with more channels
60 GHz – Very high data rate but can't pass through walls, requires line of sight

Antenna types

Omnidirectional and directional

Industrial Control Systems

SCADA – Large scale distribution systems, information gathering with limited control

DCS – Process control systems, direct control with limited information gathering

*Neither are designed for security

Module B: Network addressing

IPv4 Addresses

Comprised of Network ID and Host ID

Have Classful and Classless addresses

Classful – Class A/B/C/D/E

Special IPv4 Addresses

Broadcast – 255.255.255.255

Loopback – 127.0.0.0

Private Addresses – 10.0.0.0 /8, 172.16.0.0 /12, 192.168.0.0 /17

APIPA – 169.254.0.0 /16

IPv6

Massive address range (much higher than IPv4)

Easier network configuration

Increased efficiency and enhanced security

Compatibility issues

IPv6 Address Types

Loopback - ::1 /128

Link-local – fe80:: /10 which is equivalent to APIPA

Site-local – similar to IPv4 private

Global - 2000:: /3

Multicast – will begin with ff

DHCP

Server contains pool of available network addresses called scope

Addresses assigned dynamically or by reservation

DHCP server options – default gateway, DNS server addresses, Time server or time zone

*If DHCP server is not on client's local segment, routers can be DHCP relay agents

Module C: Network ports and applications

Transport Protocols

End to end communications

Uses ports or sockets for host-level multiplexing

The two most common protocols are TCP and UDP

TCP

Connection oriented

Reliable

Error correction

Flow control

Sequencing

UDP

Connectionless

Unreliable

Fast

Used for time-sensitive data, small data exchanges

Port Ranges

System ports – assigned to major TCP/IP standards (1-1023)

User ports – assigned to any application which registers for one (1024-49151)

Private ports – used by private applications or temporary uses (49152-65535)

Application Protocols

Restrict plaintext protocols

Combine insecure protocols with others that provide security

Use lower layers of security such as VPN, Wi-Fi encryption

Network segmentation

Remote Access Protocols

Telnet – insecure, text-based terminal connections on TCP port 23

Secure Shell – Secure telnet replacement, uses TCP port 22

Remote Desktop Protocol – Windows proprietary remote access protocol, TCP port 3389

Simple Network Management Protocol – v1 and v2 are obsolete, v3 is secure used on UDP ports 161 and 162

Resource Sharing Protocols

LDAP – Directory service on LAN, uses TCP 389

NetBIOS – Session-layer API used by multiple applications

SMB – Allows Windows folder sharing on LAN

FTP – File access on LAN or internet, replaced by FTPS and SFTP, TCP port 20 and 21

TFTP – simplified FTP protocol, UDP port 69

NTP – Used to synchronize clocks between networked devices

Hypertext Transfer Protocol

Insecure plaintext protocol

Uses TCP port 80

HTTPS – Encrypted using SSL or TLS, uses TCP port 443

Email Protocols

SMTP – Only used to send email between servers or from clients to servers

POP – Used by clients to retrieve mail from servers, uses TCP port 110

IMAP – Used by clients to retrieve mail from servers, stores messages permanently on the server

MAPI – Proprietary Microsoft Exchange protocol for sending and receiving

TCP/IP Tools

Ipconfig – Windows, displays, or refreshes IP settings

Ifconfig – Unix, displays or configures IP settings

Netstat – displays variety of network information

Nbtstat – Windows, displays diagnostic information for NetBIOS over TCP/IP

Arp – displays IPv4 ARP cache

Nslookup – Performs DNS lookups and displays IP address

Ping – tests reachability of host

Traceroute/tracert – displays hop-by-hop path to given host

Pathping – Windows, pings every hop along route to determine latency

Chapter 5: Securing networks

Module A: Network security components

Network ACLs

Packet filtering – MAC address, IP address, port number, protocol

Is either an implicit deny or allow

Switch Security Features

Port security – Allows or denies traffic based on source MAC address

MAC filtering – Useful, but easier to circumvent

Loop protection – Helps increase network availability by preventing accidental loops

Network Access Control

Guest network – Separate access point with only internet access

Posture assessment – Ensures client meets security rules, acts as a quarantine network

Agents – can be persistent or non-persistent

Intrusion Detection and Prevention

Signature-based – looks for telltale signs of known attacks
Stateful protocol analysis – looks for abnormal protocol use
Anomaly-based/Heuristic – looks for unusual behavior patterns

Honeypots and Honeynets

Decoy system – has weak or flawed security and is isolated from the rest of the network
Honeynet – network of honeypots
Used for testing and criminal investigations

Application Layer Security

Application layer firewall – web application firewall
Content filter – web filter and spam filter

Load Balancing Techniques

SSL acceleration
Data compression
Health checking
TCP offloading and TCP buffering

Unified Threat Management

Firewall
IDS
IPS
DMZ interface
NAT or proxy server
Network access control
VPN endpoint

Module B: Transport encryption

SSL and TLS

Upper layer protocols – SSL 1.0-3.0 and TLS 1.0-1.2
Certificate based – Asymmetric key exchange, symmetric bulk encryption

Secure Shell

Designed to replace Telnet and rlogin
Uses public key cryptography – X.509 is only one option available

Secure Email

Secures message text, not just transfer
S/MIME - Uses X.509 certificates, Only common in high-security enterprise environments
PGP - Uses OpenPGP certificates on web of trust model, Commercial and free support

Secure VoIP

Secured by using TLS and RTP with secure RTP

Wireless Encryption

Layer 2 encryption

WEP - Extremely weak due to serious flaws in RC4 IV.

WPA - Based on draft 802.11i, TKIP is a stronger but still flawed RC4 cipher

WPA2 - Based on draft 802.11i, AES mode is strongest Wi-Fi encryption

WPA Authentication

WPA-Personal - Uses pre-shared password hashed with SSID to create key, Convenient but only one key for whole hotspot

WPA-Enterprise - 802.1X using authentication server, EAP-TLS or PEAP authentication, allows individual credentials

WPS - Convenient, but insecure and should be disabled

VPN Solutions

GRE – tunneling but no security

PPTP – PPP packets over GRE, not very secure

L2TP/IPSEC – can be very secure and is natively supported by most OS

SSL/TLS – secure, but supported mostly via third-party

SSH – typically used to tunnel single applications

IPsec

IKE – Negotiates secure connections

Authentication header – provides data integrity and source

Encapsulating Security Payload – encrypts packet payload itself

AH and ESP can be used separately or together

Module C: Hardening networks

Segmenting Networks

Collision domains – No privacy without encryption, is mostly found in Wi-Fi hotspots

Broadcast domains – limited traffic control, separated by routers

VPNs

Airgaps – no connection to internal or external network

Hardening Network Hosts

Keep list of hosts, owners, and purposes

Perform updates

Disable unnecessary services

Configure firewalls

Policies for temporary network hosts

Onboarding and offboarding procedures

Monitoring

Securing Network Infrastructure

- Harden devices like hosts
- Use up to date firmware
- Allocate network addresses carefully
- Enable router and switch security
- Deploy network security systems

Securing Perimeter Networks

- Open only necessary ports
- Minimize value of perimeter and bastion hosts
- Harden specialized security appliances

Securing Wireless Access Points

- Harden like other network appliances
- Use strong encryption
- Disable WPS
- Use 802.1X
- Choose a unique SSID
- Use guest networks for untrusted clients
- Place WAP securely

Module D: Monitoring and detection

Monitoring Tools

- Network analyzer – captures and analyses network traffic
- Interface monitor – examines specific network interface
- Port mirrors – copies traffic from a port
- Wireless analyzers – tests wireless congestion and reception
- SNMP management software – monitoring or remote management
- Syslog – centrally managed logs

Syslog

- Header – unique ID including timestamp and generating device ID
- Facility – type of program that generated the message
- Severity level – ranges from 0 (emergency) to 7 (debug)

Placing Monitoring Tools

- Some sensors built into devices
- Place network taps and port mirrors on chokepoints
- Feed large volumes of data through collection systems

Vulnerability Scanners

- Protocol analyzer
- Port scanner
- Network mapper
- Password cracker
- Wireless scanner
- Exploitation framework

Security Audits

- Logs
- Incident response reports
- User activities
- Device configurations
- Installed applications

Incident Reports

- Alarms
- Alerts
- Trends

Chapter 6: Securing hosts and data

Module A: Securing data

Classification Levels

- Top Secret – Grave damage could be done to national security
- Secret – Less grave, but still national security risk
- Confidential – Could cause damage to national security, but is less sensitive than secret
- Unclassified – all other information

Personally Identifiable Information

- Can either distinguish an individual or linked to an individual (ex: name, address, bank number, biometric data)
- Educational Institutions – must protect student records
- PCI-DSS – policy for the payment card industry

Data Ownership Roles

- Data owner
- Data custodian
- Data Steward
- Data user
- Privacy officer

States of Data

- Data in transit

Data at rest

Data in use

Data Life Cycle

1. Creation/Acquisition
2. Use/Storage
3. Retention/Archival
4. Wiping/Disposal

Share Permission

Read – view file names, subfolders, and data

Change – read permissions plus adding, changing and deleting

Full control – change, plus can change NTFS permissions

Storage Encryption

Removable drive encryption

Archive file encryption

Transparent database encryption

File or full disk encryption

Encryption Hardware

Hardware-based disk encryption

Smart card

USB encryption

Trusted platform module

Hardware security module

Windows Encryption

Encrypting file system – encrypts individual files and folders, intended for personal files

BitLocker – protects entire volumes or computers, controlled by administrator

BitLocker

Encrypts entire volumes

Can be used without TPM

Three authentication methods – Transparent operation mode, user authentication mode, USB key mode

Secure Media Destruction

Pulverizing – hydraulic or pneumatic processing

Pulping – paper recycling reduces documents to liquid slurry

Incineration – burning into unrecognizable ash

Module B: Securing hosts

Code Signing

Signature verifies only that signer claims it is safe

Private signing keys can be compromised

Code signing gives protection only if OS configured to check for signatures

Hardening Operating Systems

Secure operating systems

Account control

Access control

Unnecessary services

Directory services

Updates

Securing peripherals

External ports

External storage devices

Digital cameras

Shoulder-surfing

Security Software

Antivirus

Firewall

Anti-spyware

Pop-up blockers

HIDS

File Integrity Monitor

Removing Malware

1. Identify symptoms
2. Quarantine
3. Disable system restore
4. Repair infected system
5. Update system and schedule future scans
6. Enable System Restore and create restore point
7. Educate end user and document findings

Quarantining Systems

Isolate removable storage devices or backups

Disable all network shares, file sharing applications, or ongoing connections to other computers

Limit network connectivity

Remediating Infected Systems

Always use updated tools

Combine multiple tools

Run multiple scans

Try safe mode, restore environments, bootable rescue discs, or removal tools target to specific infection

Scan removable media

Securing Repaired Systems

Update all potentially vulnerable software

Schedule regular security scans and updates

Disable unnecessary services

Examine system and application settings

Following Up On Repairs

Discuss findings with involved users

Document findings and steps taken

Report findings to admins and management

Software Changes

Patch – typically targets a single problem

Hotfix – Very specific, niche, or high urgency

Service pack – Large compilation of patches

Upgrade – New software version

Maintenance release – smaller than a service pack

Static Environments

Embedded devices – Network appliances, printers, TVs, HVAC

Kiosks

Smart devices – Internet of Things

SCADA/ICS – Industrial environments

Mobile devices

In-vehicle computing systems – emerging field

Legacy systems – no longer receiving updates

Alternative Threat Mitigation

Security layers

Control redundancy and diversity

Network segmentation

Application firewalls

Wrappers

Firmware version control

Module C: Mobile device security

Mobile Deployment Models

COBO – Corporate owned, business only
BYOD – Bring your own device
COPE – Corporate owned, personally enabled
CYOD – Choose your own device
VDI – Virtual desktop infrastructure

Mobile Data Protection

Device location software – Find my iPhone, Android Device Manager
Remote wipe
Inventory control
Asset tracking
Full device encryption
Storage segmentation

Mobile Application Security

Application whitelisting
Key and credential management
Geotagging
Encryption
Push notifications
Transitive trust authentication

Chapter 7: Securing network services

Module A: Securing applications

Software Assurance

Ensure use of secure design – OWASP, NIST and other published standards, handles PII appropriately
Development and operations work together with stakeholders

Waterfall Development Model Steps

1. Requirements
2. Analysis
3. Design
4. Development
5. Testing
6. Maintenance

Secure DevOps Practices

Security automation
Continuous integration
Baselining
Immutable systems

Infrastructure as code

Program Life Cycle

Development

Compile

Linking

Distribution

Installation

Load time

Runtime

Securing Code Principles

Least privilege – restrict privilege of users and applications

Input validation - evaluate input before processing

Input sanitization – delete dangerous characters or add escape characters

Cryptography – protect data and applications

Data exposure – session tokens, passwords and PII protect from untrusted users

Error and exception handling – Fail-safe error handling, high detail error logging

Input validation

Improper characters

Unicode characters

Improper length

Improper values

SQL code

Browser code

XSS Prevention

1. Never insert untrusted data except in allowed locations
2. HTML escapes
3. Attribute escapes
4. JavaScript escapes
5. CSS escapes
6. URL escapes
7. Sanitizing library

Fuzzing

Application fuzzing – tests I/O functions

Protocol fuzzing – tests network protocols

File format fuzzing – tests file reading/parsing functions

Provisioning

Network provisioning – ensures network resources are available and accessible

Server provisioning – setting up server to host application or service

User provisioning – creation and maintenance of user accounts and attributes
Deprovisioning – orderly freeing up of resources

Module B: Virtual and cloud systems

Virtual Server Benefits

VMs using different OS can share host without conflict
VMs are easier to back up, restore, or move
Easier to change or upgrade hardware on hosts

Software-Defined Networking

Control plane – makes decisions about overall flow of traffic
Data plane – does work of moving individual frames and packets through network

Virtual Security Benefits

Snapshots – allows easy reversion when problems occur
Sandboxing – isolated from outside host
Security control testing
Patch compatibility
Availability/elasticity – convenient for load balancing and restoration

Cloud Service Models

Software as a service – subscription based access to applications or databases
Platform as a service – access to computing platform that can be used to host applications
Infrastructure as a service – access to computing and network resources themselves

Cloud Security

Still subject to network attacks
Using off-premises service requires secure communications
Control given to another entity
Attacks on cloud services can affect many services
Varying privacy policies

Chapter 8: Authentication

Module A: Authentication factors

The AAA Process

Security principals
Authentication – verified identification of a principal
Authorization – specifying accessible resources
Accounting – tracking user actions

Authentication

Knowledge – something you know

Possession – something you have

Inherence – something you are

Behavior – something you do

Location – somewhere you are

Digital Credentials

Digital certificate – verifiable cryptographic signature

One time password – generated by pseudorandom algorithm

Hardware token – stores OTP generator or certificate

Software token

Magnetic stripe card – not secure at all

Smart card – contains cryptographic chip, CAC, PIV or SIMs

Biometric Factors

Fingerprint scanner

Retinal Scanner

Iris Scanner

Facial recognition

Voice recognition

Module B: Authentication protocols

PPP Authentication

PAP – insecure plaintext exchange

CHAP – somewhat secure but vulnerable

MS CHAP – improved CHAP, still not very secure

EAP – message format supporting a wide variety of authentication methods

Radius

Designed for dial-in

Used for PPP and wireless networks

Client-server system – client is remote access server not user workstation

PPP protocols used for relaying credentials

Radius Authentication Process

1. NAS requests authentication
2. NAS sends access request to server
3. Server evaluates credentials, replies to NAS
4. NAS responds to client to either accept, reject or challenge

TACACS+

Advantages over RADIUS:

- TCP rather than UDP
- More complete encryption
- Fully separates all three AAA steps
- Supports non-IP protocols

Disadvantages vs. RADIUS:

- Resource intensive
- Proprietary
- Primal intended for network devices

RAS

Used by Windows Server

Server directly authenticates connection

RRAS includes routing capability

Allows Windows server to act as an ISP

Not to be confused with RDP

802.1X

Used mostly for WPA Enterprise

RADIUS server using EAP

Less secure for wired networks

Kerberos

Widely used SSO system – authentication server is trusted third party

Realm – basic Kerberos network unit

Principal – node belonging to a realm

Key distribution center – Authentication server and Ticket granting server

Kerberos Authentication Steps

1. Client authenticates with AS
2. AS gives a ticket granting ticket (TGT)
3. Client presents TGT to TGS
4. TGS gives resource ticket
5. Client requests resource
6. Resource server grants access

LDAP

Simplified version of X.500

Centralized access to database with network information

Queries used in scripts or sent as URLs

Active directory uses LDAP and Kerberos

Intended for trusted networks

Secure LDAP is more secure, but still not considered safe on the internet

SAML

XML based SSO (Google and Salesforce)
Principal contacts service provider first
Allows many authentication mechanisms

Chapter 9: Access control

Module A: Access control principles

Access Control Models

DAC – object owner controls access, common in file systems

MAC – administrators assign security labels and is common for military and high security environments

R(Rule)BAC – administrators define access rules, used by routers and firewalls

R(Role)BAC – administrators define permissions for roles which users belong to

ABAC – administrators define attributes for resources, users, and environments

NTFS File Permissions

Principals – owner and any number of groups

SID – security identifier, identifies a principal

ACE – access control entry, permissions for a SID

DAACL – contains all ACEs applying to one principal

Role Based Access Control

Elements of a MAC and DAC

No strict ownership content

Permissions assigned centrally

Roles are similar to groups

Permissions typically additive

Rule Based Access Control

Rules set by administrator

Simple and widely used (Network ACLs, and Software whitelists/blacklists)

Rule types – dynamic and static

Module B: Account management

Account Types

User

Privileged

Shared/Generic

Guest

Service

Active Directory Objects

User

Contact

Computer

Printer

Shared folder

Group (security and distribution)

Organizational Unit

Group Scopes

Domain local:

- Visible in own domain

- Can contain most objects

- Can belong to only other domain local groups

- Best used to assign permissions

Global:

- Visible everywhere

- Can contain objects in same domain

- Can belong to any universal or domain local group

- Best used to organize users

Universal

- Visible everywhere

- Can contain objects from any domain

- Can belong to any universal or domain local group

- Best used to nest global groups

Managing User Accounts

Define policies and then enforce them

- Strong but manageable passwords

- Lockout policy

- Credential management

- Disable unneeded accounts

- Assign group permissions

- Avoid generic accounts

Continuous review

- Enable auditing logs

- Review user access settings

Using Security Templates

Use Group Policy Editor console to apply

Use Microsoft Management Console to:

- Create, compare config to template, and apply

Chapter 10: Organizational security

Module A: Security policies

Regulatory Compliance

The Sarbanes-Oxley Act of 2002

The Federal Information Security Management Act

The Health Insurance Portability and Accountability Act

The Family Educational Rights and Privacy Act

The Gramm-leach-Bliley Act

The Payment Card Industry Data Security Standard

Policy Framework

NIST – NIST 800 series describes the cybersecurity standards and best practices for US federal government

ISO – ISO 27000 series is very broad policy framework containing security guidelines for all sorts of organizations

COBIT – Control Objectives for Information and Related Technologies published by ISACA

ITIL – focused on the service aspect of IT

Security Policies by Role

Managerial Staff:

- Legal or regulatory requirements

- Who has access to what

- Activities, processes and actions necessary to enact

- How employees are expected to comply

- Consequences for noncompliance

IT administrators and technicians

- Best practice and security goals

- Technological standards

- Procedure documents

- User permission policies

- Data disposal policies

Types of Policies

Acceptable use policies

- Secure practices and guidelines for use of network resources

- Codified expectations of user privacy

- Creating and maintaining passwords

Asset management policies

- Tracking of hardware and software

Incident Response policies

Steps to be taken in response to incidents

Disaster planning and business continuity policies

Steps to be taken to secure assets, protect staff and maintain business operations during disruptions

Change management policy

Guidelines for updating policies and procedures

Standard operating procedures

Steps for routine tasks

Password Policies

Length – 8 to 12 characters recommended

Complexity – mix of letters, numbers and special characters

Duration – 30 to 90 day replacement

History – 12 to 24 prior passwords stored

Sharing and Storage – prohibit where possible, secure where not

Secure Personnel Policies

Least privilege – limits damage done by malice, error or attacker

Mandatory vacations – uncovers fraud or ongoing mistakes

Rotation of duties

Separation of duties – enables employees to check each others' work

Recertification – regular review and approval process

Clean desk policy – prevents data loss or theft

Asset Management

IT Assets:

Computers and network appliances

Peripherals and other devices

Data and storage media

Software and software licenses

Supporting infrastructure

Asset roles:

Owner

Custodian

User

Business Agreements

Service level agreement – formal definition of a service provided to or by the organization

Memorandum of understanding – a less formal agreement of mutual goals between two or more organization

Interconnection security agreement – a security focused document that specifies the technical requirements in forming a data connection between two parties

Business partnership agreement – a written agreement defining the general relationship between business partners

Non disclosure agreement – legal agreement outlining proprietary or confidential information that may not be disclosed

Adverse Action Policies

Checks to perform in relation to benefits

Reporting requirements:

- What to report to whom

- How quickly action must be reported

Privacy requirements for background check

Remedies subject can pursue to dispute or correct results

Social Media Risks

Use can be time consuming

Use single sign on with shared credentials

Many employees use same passwords for personal accounts as for work

Postings can reveal sensitive information

Postings commonly used in social engineering attacks

Employee behaviors can be liability for employer

Module B: User training

Role Based Training

End users:

- Common threats and how to avoid them

Customer facing employees

- Social engineering and public reputation

Privileged users:

- Elevated privileges means more risk

Administrators:

- Detailed procedures and evolving threats

Incident response teams:

- Response procedures and forensics

Management

- High level view of assets and general threats

Handling Data

Data should be classified by nature

- Labeling, storage and access permissions

Special data should be handled appropriately

- PII, HIPAAA, PCI-DSS, Customer and partner data

Data transit

- Secure network protocols, mobile devices and removable storage

Data disposal

Module C: Physical security and safety

Facility and Location Concerns

Location issues – crime, disaster, utilities, emergency

Perimeter – sturdy, sensors and cameras, visibility

Barriers

Secure doors/windows

Visibility – lighting, escape routes

Secure Entryways

Conventional locks

Electronic locks – passcode, ID badge, biometrics, fail secure vs fail safe

Guards

Mantrap

Entry Logging

HVAC Systems

Temperature range

Humidity range

HVAC settings

Air Flow

Sudden Changes

EMI Shielding

Electromagnetic interference

Radio frequency interference

Sources – motors, microwaves, HVAC, industrial equipment

Protections – shielded cables, faraday cage, TEMPEST standards

Fire Suppression

Fire extinguishers:

- Class A for solids

- Class B for liquids

- Class C for electrical

- Class D for metals

- Class K for cooking oils/fats

Fixed systems:

- Sprinklers, halon/inert gas

Chapter 11: Disaster planning and recovery

Module A: Business continuity

Continuity Planning

Business continuity plan (BCP)

Comprehensive plan with risk analysis, controls, and service restoration procedures

Business impact analysis (BIA)

Assessment of critical business functions

Disaster recovery plan (DRP)

Technical plan for specific disaster type

IT contingency plan

Restoration plan for IT systems

Continuity of operations plan (COOP)

Procedure for temporary site during recovery

Crisis communications plan

Internal and external

Succession plan

Procedures for sudden changes of personnel

Creating a BCP

1. Perform a risk assessment, much like for normal security planning
2. Create a BIA
3. Design the BCP and its supporting recovery plans and controls
4. Implement and test the plan
5. Analyze the results to apply further refinement

Creating a BIA

1. Identify functions critical to sustained business operations
2. Identify resources used by each critical function
3. Prioritize critical functions
4. Identify threats to each function
5. Determine mitigation techniques for each threat

Disaster Recovery Plans

System documentation

Reserve resources

Vendor lists

Backup policies

Recovery procedures

Personnel list

Emergency contacts

Module B: Fault tolerance and recovery

Recovery Objectives

Recovery time objective

Maximum expected amount of down time in case of a failure

Recovery point objective

Maximum expected period of time for which data will be lost in the case of disaster

Alternate Sites and Spare Parts

Replacement parts – hot spare is ready to go, cold spare is ready to install

Hot site – fully equipped backup location that is ready in hours

Cold site – Space and utilities but no hardware

Warm site – some hardware, but not ready to go

Data Backups

Archive bit – marks data needing backup

Full backup – all data on volume

Incremental backup – backs up only files with set archive bit

Snapshot – quickly capture state of system

Creating Backup Policies

1. Identify what data is important to backup
2. Determine retention requirements
3. Choose backup strategy and schedule
4. Plan data security
5. Assign personnel responsibilities
6. Create and apply a backup testing schedule

Module C: Incident response

Forensic Evidence

Evidence admissible in court

Testimony – sworn statement, oral or written

Real evidence – physical object relevant to the case

Demonstrative evidence – a representation of an object or event

Digital evidence – evidence recorded in a digital format

Collecting Evidence

1. Secure access to systems and data
2. If necessary, access evidence through eDiscovery
3. Classify evidence by order of volatility
4. Capture evidence
5. Take hashes
6. Analyze data

7. Assemble findings

Incident Response Process

1. Preparation
2. Identification
3. Containment
4. Investigation
5. Eradication
6. Recovery
7. Lessons learned

Identifying Incidents

1. Rely on multiple sources
2. Examine anything unusual
3. Evaluate the incident's nature
4. Evaluate incident scope and severity
5. Escalate the incident appropriately

Eradicating Problems

1. Clean up damage
2. Harden network against recurrence
3. Notify relevant personnel

Restoring Service

1. Create service restoration plan
2. Certify restored system are operational and secure
3. Formally restore services
4. Continue monitoring